

# Essential Transgender Terminology

**Sex Assigned at Birth: the sex someone is assigned based on the appearance of the genitals at birth**

**AFAB: Assigned Female at Birth**

**AMAB: Assigned Male at Birth**

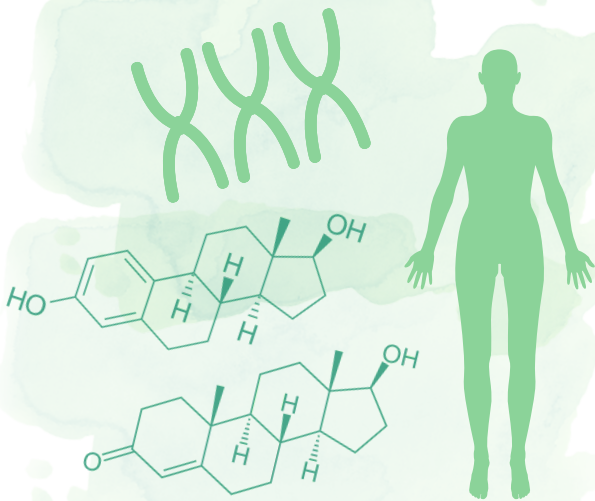
**Intersex: one's sex characteristics are not easily categorized as "female" or "male"**



**Being intersex is different than being transgender, and there are many intersex variations. Did you know being intersex is as common as having red hair?**

**To learn more about intersex variations please visit [InteractAdvocates.Org](https://InteractAdvocates.Org)**

**Sex: One's unique combination of chromosomes, hormones, and genitals**



**Gender and sex are very different parts of the human experience and should not be conflated.**

**The gender binary is a product of colonization. Many Native and Indigenous cultures around the world acknowledge and celebrate gender outside of manhood and womanhood. To learn more about Native and Indigenous culture, please visit [Native-Land.Ca](http://Native-Land.Ca)**

***Gender Identity: A person's internal understanding of their gender***

***Cisgender: Describes when someone identifies with the sex they were assigned at birth***

***Transgender: Describes when someone DOES NOT identify with the sex they were assigned at birth***

***Non-binary: Describes someone whose gender identity falls outside the categories of man/boy and woman/girl***

***Gender Expression: how a person outwardly expresses their gender through appearance, dress, and/or behavior.***

